



Hamdard Institute of Medical Sciences & Research and HAHC Hospital Department of Community Medicine

Writing Research Protocol for Students

Date: 11 July 2026

Time: 08:15 AM – 04:00 PM

Venue: MEU Hall, HIMSR.

The Department of Community Medicine, HIMSR & HAHC Hospital, successfully conducted a one-day workshop titled “Writing Research Protocol for Students” on 11 July 2026. The workshop aimed to introduce undergraduate medical students to the fundamentals of research and equip them with skills required for developing a research protocol.

A total of 20 participants attended the workshop and engaged in the interactive sessions. The programme covered the complete process of planning a research study, from identifying research questions to understanding research ethics, with a focus on developing a systematic approach to scientific inquiry.

The sessions were delivered using interactive discussions and practical examples. To stimulate curiosity and promote ethical thinking, participants were introduced to landmark public health and historical research studies.

Participants were also provided with handouts on study designs, sampling methods with practical examples, and an abstract appraisal checklist to reinforce the concepts discussed during the sessions and facilitate self-learning.

By the end of the workshop, participants had gained a better understanding of the research process and developed foundational skills in formulating research

Sl. No	Session	Facilitator
1	Opening Circle: Meet Your Research Team	Dr. Diya
2	Why Good Research Matters: From Curiosity to Evidence	Dr. Aqsa Shaikh
3	Research Idea Lab: Converting Real-World Problems into Research Questions and Objectives	Dr. Sarah Ali Habib
4	Finding the Gap: Literature Review	Dr. Diya
5	Design Your Study: Research Methodology	Dr. Nischal Yathagiri
6	Data Collection Tools: Framing and Validation of Questionnaires	Dr. Aqsa Shaikh
7	Sampling Made Simple: Who, How Many and How to Select?	Dr. Nischal Yathagiri
8	Research Integrity and Ethics	Dr. Aqsa Shaikh

