



Hamdard Institute of Medical Sciences and Research

Medical Education Unit

MBBS Electives Manual
September 2026

BATCH 2023

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What is Elective?

An elective can be defined as a brief course made available to the learner during their undergraduate study period, where they can choose from the available options depending upon their interest and career preferences. It is an integral part of the Competency-Based Medical Education Curriculum. Elective posting is mandatory for all learners as per NMC. It is to be conducted after the exam of Third Professional Phase Part 1 and before the start of academic teaching for Third Professional Phase Part 2.

Objectives:

1. To provide an opportunity, where undergraduate medical student can explore their deeper interest areas, by working in a medical specialty in a hospital/ community setting or undertaking a project under an identified expert, which can be an important component in undergraduate medical education.
2. To help a student identify their future career path by direct experiences in diverse areas. A direct individual experience will help in developing self-directed learning skills.
3. To allow flexible learning options in the curriculum and may offer a variety of options including clinical electives, laboratory postings, or community exposure in areas that students are not normally exposed to as a part of the regular curriculum. This will also provide an opportunity for students to do a project, and enhance self-directed learning, critical thinking, and research abilities.

Role of Department before Electives posting

- Each Department should submit the proposal for electives posting. Every department is expected to present at least 2 elective choices.
- The department should send the proposal of electives with the requisite format to meu@himsr.co.in by **28th July 2026**
- Each Department cannot take more than 5 students in one elective

Information to be provided by the Department / Supervisors for the course/module to be included in the list of Electives.

- Name of Supervisor/Guide
- Name of Co-Supervisor/Guide (if any)
- Department
- Name of Elective/Course
- Block: (Block 1/ Block 2)
- No. of Students (Intake capacity)
- Learning Objectives & expected outcome
- Assessment mechanism

Instructions for Mentor/Guide/Supervisor/Department

- Each elective should have well-defined objectives, expected outcomes, expectations from the students, their assessment mechanism, and faculty guide or mentors. A faculty mentor should guide the students, monitor their learning activities, and assess the student's performance with regular feedback.
- The faculty mentor will be of designation Assistant Professor and above.
- There can be more than one mentor for one elective
- One Supervisor should supervise only one elective. They can join as co-supervisor in another elective.

Assessment Guidelines

- The assessment will be in line with the general assessment pattern document of CBME.
- Students should maintain and submit a log book with all academic and non-academic activities. For example; Cases seen, examined, investigated, tests performed, case operated, etc. along with their stories and reflection about each event.
- Students will be assessed in between and at the end of each elective posting.
- Feedback, comments, and /or grades about the student's performance by the faculty mentor can be documented with the help of a checklist where both professional and academic attributes can be included.
- Various points that are included in the checklist can be related to clinical skills like history taking/examination, motivation and interest, communication, teamwork, discipline, documentation, etc.

Method

One Month (30 days) is allotted for elective rotations (Block 1 & Block 2) after completion of the exam at the end of the MBBS Phase 3 Part I examination and before commencement of MBBS Phase 3 Part II.

Students of the MBBS 2023 batch will have their elective posting from

1st September 2026 to 30th September 2026

Electives choices would made available to the students.

Learners must do an elective. The protected time for electives should not be used to make up for missed clinical postings, shortage of attendance, or any other purpose.

The learner shall rotate through two elective blocks of 15 days each

- (a) Block 1 shall be done in a pre-selected preclinical or para-clinical or other basic sciences laboratory.

- (b) Block 2 shall be done in a clinical department (including specialties, super-specialties, ICUs, blood banks, and casualty)

The learner must submit a learning log book based on both blocks of the elective.

75% attendance in each block of the electives and **submission of log book** maintained during elective is mandatory for eligibility to appear in the final MBBS examination.

Electives in other medical colleges or institutions within/ outside the country are not offered by HIMSR at present.

Mechanism for allocation of electives

- Electives will be made available on the HIMSR Website. Students must submit their choices in each category (Block 1 & 2)
- If there are more applicants than the number of seats for a particular elective choice, then the students with higher **aggregate marks in 2nd Professional MBBS** will be selected.
- The list of allocated electives based on choices, available seats, and merit will be displayed on the HIMSR Website. Elective Posting will begin on **1st September 2026**. **Students should contact their allotted Elective Supervisor** for the same at the start of the elective.
- **There will be No Theory Classes or Clinical Postings during Elective Posting**
- The Elective posting will have to be attended by all the students irrespective of their detention status, or MBBS Third Professional Part 1 results.
- There will be no repetition of Electives.
- 75% attendance is mandatory for each block of Electives separately.

Posting Schedule

Roll No	01.09.2026 to 15.09.2026	16.09.2026 to 30.09.2026
1-75	Block 1	Block 2
76 onwards	Block 2	Block 1

Timelines

- **Submission of Electives Proposals by Department by: 28th July 2026**
- **List of Electives on HIMSR Website: 12th August 2026**
- **Last date for Students to Apply: 20th August 2026**
- **List of Allocation on HIMSR Website: 25th August 2026**
- **Electives posting starts: 01st September 2026**

- **Submission of Reports/ Attendance by Departments:**

1st BATCH: 17th September 2026 (BLOCK 1 & 2)

2nd BATCH: 03rd October 2026 (BLOCK 1 & 2)

Frequently Asked Questions

What is the curricular governance of Electives Posting?

In HIMSR, the Curriculum Committee and Medical Education Unit under the leadership of the Dean, will be responsible for the design, implementation, and evaluation of the Electives Program 2026.

The Departmental Heads and Preceptors (Supervisors) are responsible for the day-to-day conduct of the program, guiding and assessing students.

How Attendance should be maintained and reported?

All Supervisors, through their Heads of Department, are requested to send the attendance of the students within 2 days of completion of the Elective to the Examination Cell, HIMSR along with the Medical Education Unit. Attendance will be in the format provided to departments.

I had submitted a set of electives, but some of them were not selected. Also, the number of students allotted is less than those requested. Why is it so?

The Electives Allocation Committee rationalizes and selects Electives and the number of students in each elective based on the number of electives submitted, capacity of the supervisor/department, potential interest, and weightage of the subject to ensure an equitable distribution across Electives.

Will there be any compensatory or extra classes if a student has less than 75% attendance in Electives Posting?

Currently, there is no provision to have extra classes or compensatory classes for the Electives Program. Students who have less than 75% attendance are not eligible to appear in the University Examination.

My Electives were selected last year. Will they be selected also for this year?

The Electives Team seeks feedback from Students and Faculty to evaluate the Electives program and the same may be used to delete an elective, decrease seats, or increase seats. So, the selection of a particular elective course last year is not a guarantee that it will be also selected this year.

Where can I provide feedback or grievance regarding the electives program?

The Electives Team takes feedback from students and faculty at the end of electives posting. Kindly use that to provide feedback. You can also write to the Medical Education Unit at meu@himsr.co.in

Details of Electives on MEU Website - <https://www.himsr.co.in/department/medical-education-unit/>

Example of Information on Electives given to students

Electives in Department of Anatomy
No:2

Name of Block	Block 1
Name of Elective	Sectional Anatomy
Department	Anatomy
Name of supervisor	Dr. Arpita Mahajan
Name of co-supervisor	-
Number of students	5 (Five)
Learning objectives of elective	• Student should be able to interpret which system of the body does the specimen represents. • Student should be able to describe the various structures and organs seen on the cross sectional anatomy of the specimen. • Student should be able to explain how the anatomy changes when different sections of the same system are taken and correlate to the placement in the body.
Expected outcome	• Student should be able to correlate the cross sectional anatomy to radiological images seen on CT & MRI. • Student should be able to build the entire picture of the system based on the cross section which will improve the understanding. • Student should be able to consolidate the information and facilitate recall for clinical correlation.
Assessment	• Written assessment • Viva • Logbook • Attendance
Logbook	Regular entry of the daily activities

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