Elective in Obstetrics & Gynaecology

Family Planning Module

S. No.	Name of the Elective	Family Planning			
1	Block	2			
2	Department/ Area	Obstetrics and Gynaecology			
3	Name of Mentor/ Supervisor/ In charge	Dr Sumedha Sharma, Associate Professor, Department of Obstetrics and Gynecology, HIMSR			
4	Co-Supervisor	Dr Zeba Khanam, Assistant Professor, Department of Obstetrics and Gynecology, HIMSR			
5	Number of students intake	02-05			
6	Method of Selection (if applicable)	Interview to determine a candidate's core understanding and interests in the field of family planning.			
7	Objectives	 To help trainees acquire basic knowledge about family planning and develop a positive attitude towards it. To help a trainee gain competencies in family planning services. 			
8	Expected outcomes	 To describe temporary and permanent methods of female contraception. To obtain a gynaecological and obstetric history relevant to family planning and conduct a thorough clinical and gynaecological examination. To conduct a family planning counselling of a woman/couple using the 'GATHER' approach. To prescribe family planning services according to a couple's eligibility. To be able to perform IUCD (including PPIUCD) insertions, independently. To be able to assist in the tubectomy procedure and perform tubectomies in a simulated environment. To describe the Medical Termination of Pregnancy (Amendment) Act, 2021 and the surgical and medical methods for first and second trimester abortions. To be able to obtain the consent of a person undergoing an MTP. To write a prescription for a first trimester medical abortion. To be able to assist an MTP procedure and perform MTP in a simulated environment. 			
9	Assessment	 Attendance Day to day participation in family planning activities during the routine training hours. Performance of assigned task and presentation of worked up case in the department. 			
10	Log book	Regular log book entry of daily activities. See Appendix 1 for log book details.			

Annexure 1

S. No.	Name of Competency	Procedure	Date of Procedure	Trainee's feedback	Trainee's initials	Trainer's initials with date
1	To describe temporary and					
	permanent methods					
	of female contraception.					
2	To obtain a					
	gynaecological and obstetric history					
	relevant to family					
	planning and conduct a thorough clinical					
	and gynaecological					
	examination.					
3	To conduct a family planning counselling					
	of a woman/couple					
	using the 'GATHER'					
4	approach. To prescribe family					
	planning services					
	according to a					
5	couple's eligibility. To be able to perform					
	IUCD (including					
	PPIUCD) insertions, independently.					
6	To be able to assist in					
	the tubectomy					
	procedure and perform tubectomies					
	in a simulated					
	environment.					
7	To describe the Medical Termination					
	of Pregnancy					
	(Amendment) Act,					
	2021 and the surgical and medical methods					
	for first and second					
	trimester abortions.					
8	To be able to obtain the consent of a					
	person undergoing an MTP.					

9	To write a prescription for a first trimester medical abortion.			
10	To be able to assist an MTP procedure and perform MTP in a simulated environment.			

Reflection by student

Electives for Obstetrics and Gynecology

Intrapartum Care Module

S.No	Name of the Elective	Respectful Intrapartum Quality Care		
1	Block	2		
2	Department/Area	Department of Obstetrics and		
		Gynaecology/Labour room		
3	Name of the Mentor/Supervisor/In charge	Dr Supriya Chaubey		
4	Co- Supervisor/s	Dr Asma Khanday		
5	No of student Intake	4-5		
6	Method of selection (if applicable)	Interview to assess their interest and basic knowledge about Obstetrics		
7	Objectives	 To enable trainees to conduct normal vaginal delivery with or without episiotomy To train how to identify situations which require referral /senior opinion 		
8	Expected Outcome	 Able to delineate low risk and high-risk deliveries Enable them to identify situations which require referral/ senior opinion. Able to monitor a woman in labour Able to fill the LCG Able to perform/conduct normal vaginal delivery Able to manage third stage of labour. Able to give and repair episiotomy when required. 		
9	Assessment	1. Attendance		

		2. Number of labouring patients correctly monitored and managed in the first stage of labour.3. Skill assessment on dummy for third stage and PPH
10	Logbook	Regular logbook entry of daily activities See Appendix 1 for logbook details

Annexure 1

S.No	Name of Competency	Procedure	Date of Procedure	Trainees feedback	Trainees' initials	Trainer's initials with date
1	Delineate low risk and high-risk deliveries					
2	Correctly identify situations which require senior assessment/ opinion					
3	Able to monitor a woman in labour					
4	Able to perform/conduct normal vaginal delivery					
5	Able to manage third stage of labour					
6	Able to give and repair episiotomy when required					

Reflections by student: