

Hamdard Institute of Medical Sciences and Research
Jamia Hamdard, New Delhi-110062

Foundation Course

S.No.	Modules	No.of hours	Colour code
1	Orientation	28 (-2)	Black
2	Skills Module	34 (-1)	Green
3	Field Visit	8	Black
4	Professional Development including ethics	35 (-5)	Grey
5	Language , Computer Skills	36 (-4)	Blue
6	Sports & Extracurricular	20 (-2)	Red
7	23 days of 7 Hrs.	161 Hrs. (-14hrs)	

Date	8-9 AM	9-10	10-11	11-12	12— 1PM	Lunch	2-3PM	3-4PM
1/8	Director’s address Dean’s address	Ice Breaking, students’introduction		Orientation Lecture – The MBBS program.	Orientation Lecture -The Medical profession and the physician’s role.		Visit : HIMSR Dept. / New Hospital Block / Old Hospital Block / Hamdard Campus. (Batch A,B,C,D by rotation)	
2	History of Medicine-An introduction	Anatomy-- Introduction	Physiology-- Introduction	Biochemistry-- Introduction	Community Medicne- Introduction			
3	Anti Ragging and Grievance redressal policies	Interaction with seniors		Orientation Lecture -Health care system.	Rules and Regulations (Exam, attendance, campus etc)			
4	SUNDAY							
5	Orientation Lecture - Alternate health care systems.	Orientation Lecture - National health priorities	Orientation Lecture – Vaccinations	Orientation Lecture – Allied Health Sciences	Orientation Lecture - Principles of family practice		(Batch A,B,C,D by rotation)	
6	Professionalism in medicine-An introduction (Interactive session)		Emotional Intelligence: Use in	First Aid / BLS / Biomedical waste management / Hand hygiene & Universal precautions			Sports and Extracurricular activity	

			Medical education	(Group A,B,C,D by rotation)		
7	Doctor as team leader and health care worker	Doctor-Patient relationship	Patient as a teacher OR learning tool			Computer / Language
8	Disability inclusive compassionate care		Doctor – As member of health care team			Computer / Language
9	Patient safety and Biohazards	Medical Jurisprudence (MLC)- What an MBBS graduate should know				Sports and Extracurricular activity
10	2 nd Saturday					
11	SUNDAY					
12	Eid ul Azha					
13	Self Defence /Yoga			SDL / E Learning		Computer / Language
14	(Batch A & B by rotation)			(Batch A & B by rotation)		Computer / Language
15	INDEPENDENCE DAY					
16	Career Pathways and Personal Growth		Artificial Intelligence	Computer / Language		Extracurricular activity
17	Sports and Extracurricular activity					Computer / Language
18	SUNDAY					
19	Mentoring (groups)			Field visit (Batch A,B,C,D by rotation)		Computer / Language
20	Social Stigma and Cultural influences in medical Practice	Disaster Management / First responders -A&E (batch A,B)				Computer / Language
21	Nursing care- Doctors role					Computer / Language
22	Simulation based learning	Study Skills /Literature search & Research skill (batch A &B)				Sports and Extracurricular activity
23	Research Ethics				Computer / Language	Sports and Extracurricular activity
24	JANMASTHMI / 4 th SATURDAY					
25	SUNDAY					
26	Medical ethics	Ethical Dilemmas (Case based discussions)	Communication skills / Stress management/ Time Management/ Humanities (Batch A,B,C,D by rotation)			Computer / Language
27	Autonomy and Confidentiality	Documentation, Reporting and Referral				Computer / Language

28	Gender sensitization and Sexual harassment	Violence against Doctors (Panel discussion)			Computer / Language
29	Doctor-Administrative responsibilities	Computer / Language			Computer / Language
30	Reflections		Computer / Language		Computer / Language
31	Sports and Extracurricular activities				Open discussion & Feed back