

# HIMSR Newsletter (Oct. 2021)



## Hamdard Institute of Medical Sciences & Research & HAHC Hospital

“This HIMSR newsletter attempts to provide an insight into ethos, values and the activities held at HIMSR & HAHCH in 2021, highlighting its strengths and showcasing the strategies, which were adopted to maintain the continuum of growth, in spite the tumultuous year due to COVID 19 pandemic situation without losing focus on quality improvement of technical education in healthcare.”

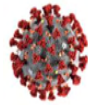
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## Foreword From CEO, HIMSR & HAHCH:



It gives me pleasure to present my foreword to the “HIMSR Newsletter” through which we intend to remain in touch with all our supporters and critics alike. The present issue of Newsletter is dedicated to Padmabushan Hakeem Abdul Hamid, the founder of ‘Hamdard’ and its Education Institutes of great learning. It is also a great opportunity for Faculty and staff of Hamdard Institute of Medical Sciences and Research, popularly known as HIMSR to acknowledge with gratitude the immense support that we received at the hands of Late Jenab Abdul Mueed, the then president of Hamdard National Foundation and his successors, Jenab Abdul Majeed and Dr. Asad Mueed.

The present issue of Newsletter, we trust is the appropriate medium that conveys our first interaction with our well-wishers post 2<sup>nd</sup> wave of current COVID-19 pandemic. Our response to the challenging situations that arose during last two years is suitably depicted in the present newsletter by Prof. Dr. Mridu Dudeja in her capacity as the Dean, HIMSR.

I would like to acknowledge the contribution of layers of dedicated frontline Healthcare warriors of HIMSR and its associated HAHCH Hospital who left no stone unturned to prevent and if necessary, fight the onslaught of deadly viral infection and associated morbidities.

Dedication of Medical Interns, PG students, Resident doctors and Specialized Faculty and hospital management associated with war-room planning and providing intensive care at bedside for thousands of hopeless patients

that landed in HAHCH Hospital is hereby acknowledged. With great pride and satisfaction, I admit, but for these warriors it would not have been possible to minimize the percentage casualties far below the numbers reported from other healthcare service providers in Delhi and other adjoining states. I also salute the selfless service provided by para-medical and nursing staff of HAHCH hospital throughout the trying times.

NIRF2021, ranking (Govt of India) places HIMSR among the first ten and twenty-five respectively, from among such teaching privately and Government managed medical institutes ranked in India. This in my opinion is a phenomenal growth trajectory depicted within first decade of establishment of a modern medical college and its associated hospital. I, therefore, take this opportunity to sincerely thank all those who made it possible.

## From Dean's Desk:



The essence of Hamdard Institute of Medical Sciences & Research (HIMSR) is its unique accountability to the past & the future and not merely to the present. HIMSR is the only private medical college in India, to be funded by a 100-year-old Hamdard National Foundation (HNF), with a legacy of Abdul Hamid sahib, who was a renowned Unani Hakim, but dreamt of an integrative system of Medicine focusing on modern allopathy much before, this concept actually evolved. HIMSR has been a torch bearer to enjoy that legacy and values of Hamdard National Foundation bringing modern allopathy medical education to a high level in the country in a short span of less than a decade. As a Dean, I am proud to lead the institution in fulfilling its commitment to improve the health of community through excellence in medical education, biomedical research and quality patient care.

I am proud to introduce this HIMSR newsletter 2021, specially, when a tumultuous year of COVID 19 pandemic tested our resolve and we at HIMSR & HAHCH continued to implement several initiatives to enhance the training/ learning & research environment for our under graduate & post graduate students including faculty, while advancing the ethos of pursuing excellence despite the unprecedented crisis situation.

As methods of learning, discovery and healthcare delivery grow complex and competitive by each coming day, HIMSR is keeping the pace and breaking new grounds, while acclaiming its ranking amongst first 25 top private medical colleges of India.

With a dedicated and highly skilled faculty, excellent infrastructure, library facilities, museums and laboratories for skills training for UG/PG students, the institution has been attracting prospective students ever since its inception in 2012. The Institute also provides State of the Art facilities for teaching/training, research and patient-care, while focusing on pushing the frontiers of scientific and medical knowledge by developing core competencies & improving decision making abilities of its students, which are critical in imparting quality patient care.

Every year, 100 new undergraduate medical students graduate at HIMSR. The challenging and meticulous medical training merges clinical work at outpatient sites ranging from hospital experience, hands on training in real life settings and in skills lab and didactic lectures including small group discussions. Currently, HIMSR is also home to about 50 postgraduate and around 14 PhD students and their numbers keep on adding with each passing year as we continue to provide them with rich clinical exposure along with excellent knowledge base with the dedicated efforts of our very talented teaching faculty.

The institute conducts research in number of high priority areas. Our MEU unit follows CBME curriculum with components of new AETCOM course integration. Strong mentor-mentee relationship is our strength and as a result our students are placed at world class institutes and hospitals.

The institute is aided by NABH accredited, over 600 bedded teaching Hakeem Abdul Hameed Centenary (HAHC) Hospital. The hospital is currently housing all broad clinical disciplines with well licenced blood bank and NABL accredited hospital laboratory services including BSL-2 lab facilities. HAHC Hospital started Ayushman Bharat facility for its patients. Covid vaccination site was setup for administration of Covishield/ Covaxin in HIMSR. Our very own two oxygen plants were

installed on war footing to broaden the facilities in the interest of the community in COVID-19 pandemic situation, when the country was facing acute oxygen shortage.

Our institute has been at the forefront preparing for inhouse high-capacity COVID-19 testing, much before the NMC made it mandatory for all medical colleges. Biosafety level 2+ category Molecular Biology Laboratory was established and is among the top approved laboratories for SARS COV2 RT PCR testing. More than 15000 RT PCR Tests have been performed by the lab till date. Our “Institutional Ethics Committee” is now duly registered and is another feather in the cap of HIMSR & HAHC Hospital, which is envisioned to facilitate and promote research related activities, with more than 200 research papers published in indexed journals in a short span of one year. National and International research collaborations are established in the form of post graduate thesis, academic and extramural projects funded through prestigious agencies like WHO, DBT, ICMR etc. Our website is fully functional with round the clock live accessibility. Albert Einstein once defined education as *“what remains after one has forgotten is what one has learnt in school.”* I most hope students will acquire at HIMSR is the ability to solve the problems in public health and beyond.

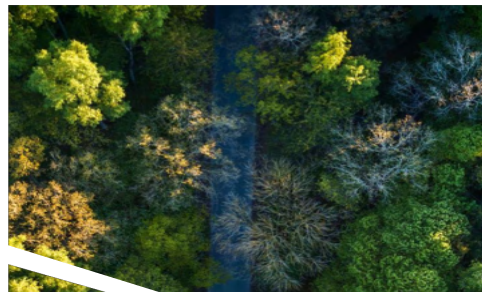
Prof. (Dr.) Mridu Dudeja,  
Dean, HIMSR & HAHCH



# Hamdard Institute of Medical Sciences & Research (HIMSR)



# Academic Performance 2021



MBBS Orientation Program, Feb. 2021



The new batch of MBBS students (2020) were welcomed at the "Orientation Program" with great enthusiasm which culminated into a rich cultural treat, following all preventive protocols. The students paid a musical tribute to COVID warriors.



Inauguration of State of Art Skills Lab



# Continuing Medical Education



## MEU- Transforming Medical Education

- The Medical Education Unit steadfastly implemented the CBME curriculum maintaining special focus on new components of AETCOM, course integration.
- To help develop skills among medical educators training workshops were conducted with special focus on Online teaching skills.

## Focus: Teaching & Learning- Pandemic Response

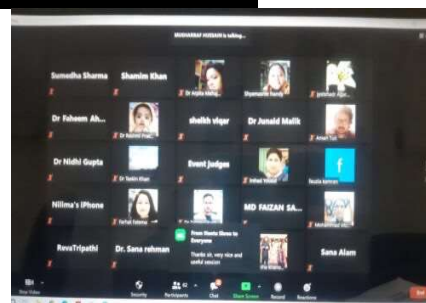
- The faculty was oriented for conducting all internal examinations online with a thorough assessment design.





## Academics: Finding The Best Way To Move Forward.....

- Although the campus remained shut for the UG students, the faculty and PG students upheld the banner of HIMSR academic excellence.
- Online uninterrupted classes were held following all the governmental directives.



### Skill Lab & Small Group Teaching/ Training activities

- The guidelines were issued for safe clinical training with the help of our State of Art skills Lab including offline small group training and practical examinations during the Pandemic.



# HIMSR Activities- A Glimpse:



## CLINICAL/ RESEARCH SOCIETY



*Topic: Corona Virus: An update - Multidisciplinary Approach.*



The Nostalgic Full House Research Meet on Awareness on Corona Virus, before the pandemic!



**HAMDARD INSTITUTE OF MEDICAL SCIENCES & RESEARCH  
AND ASSOCIATED HAH CENTENARY HOSPITAL**  
Hamdard Campus, New Delhi – 110062



**WORLD CANCER DAY**  
4 February



**I AM HIMSR FACULTY  
AND I WILL SUPPORT ACTIVELY**



# HIMSR Activities- A Glimpse:



**HAMDARD INSTITUTE OF MEDICAL SCIENCES & RESEARCH  
AND ASSOCIATED HAH CENTENARY HOSPITAL**  
Hamdard Campus, New Delhi – 110062



**Celebrates  
WORLD TUBERCULOSIS DAY**





# HIMSR Activities-A Glimpse

## CELEBRATING WORLD HEALTH DAY



## Paying Tribute to our COVID Warriors

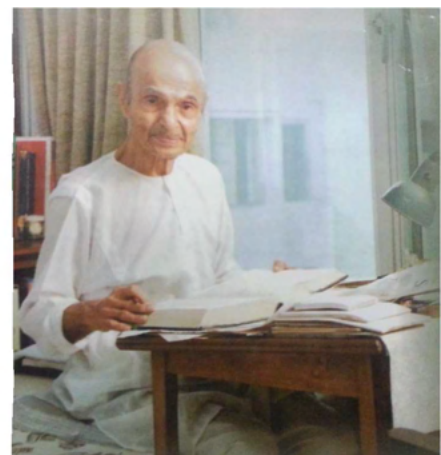
## Founder's Day Celebrations 14<sup>th</sup> Sept, 2021



Chief guest:  
Hon'ble Minister of Defence, GOI  
Shri Raj Nath Singh ji



Guest of Honor  
Shri Virendra Singh ji  
(MP)



Founder's Day  
Celebrations  
2021

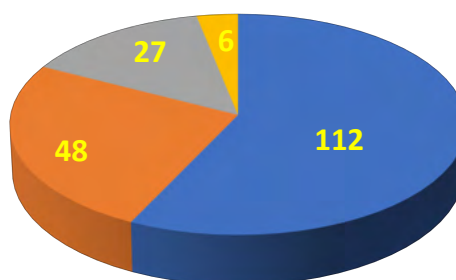
## Research Publications 2020-21



- Despite the challenges of COVID 19 pandemic, Outcome based clinical and basic research continued to be pursued and carried out relentlessly by the faculty.

Total= 193

Impact  
Factor  
Up to 6.25



■ Original Articles

■ Review Articles

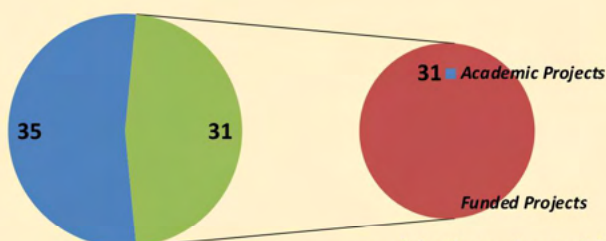
■ Case Reports/ Series

■ Books/ Book Chapters

## Research Highlights-Projects



Total Research Projects: 66  
Extramural Projects: 31



Registration of "Institutional Ethics Committee" by HIMSR & HAHC Hospital was another milestone achieved which is envisioned to facilitate and promote research related activities.

- National and International research collaborations were established in the form of post graduate thesis, academic and extramural projects funded through agencies like WHO, DBT, ICMR etc.

# HAH Centenary Hospital:





# Upgrading Healthcare Facilities:

From the Desk of MS:

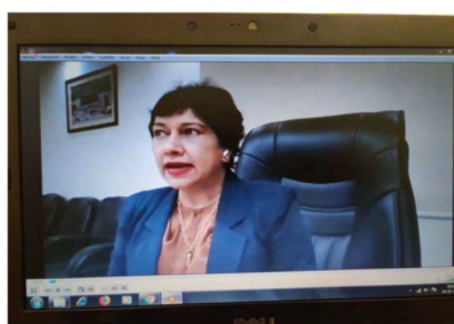
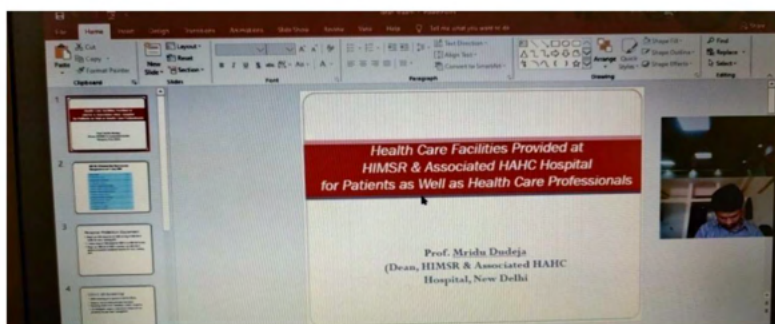
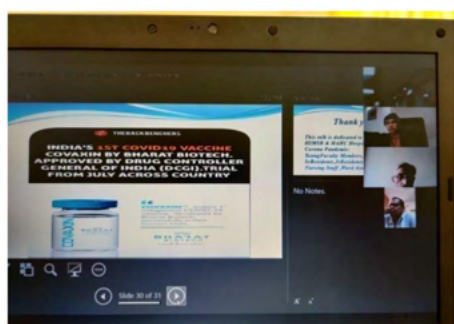


Good health and natural wellness for all, with care and compassion at an affordable price are the guiding principles that Hamdard has imbibed and practiced since inception.

It is over 600 bedded state-of-the-art teaching hospital facility. Besides providing 21st century world class patientcare, the hospital also is empaneled National Healthcare provider (NHPC) under Ayushman Bharat Pradhan Mantri Jan Arogya Yojna

to cater to the economically weaker section. In view of the rising no. of COVID 19 infections, under the directive of the government, to establish a dedicated COVID facility was set up earmarked for our patients and facility was upgraded considering exigencies.

Dr. Ajaz Mustafa, MS HAHCH



Webinar on Healthcare facilities provided at HIMSR & HAHCH

## COVID 19- Response

The priorities were set for deploying tests, personal protective equipment (PPE) for the health care workers, effective surveillance techniques, tracking, tracing and treating cases. Training of staff, nurses, paramedics was done regarding COVID specific SOPs & guidelines and also shared on website.



On the campus to combat spread, we identified, tested & isolated



## Creation of State of Art BSL 2 Lab Facility

- The vision of our Hon'ble CEO, Dr. G N Qazi and his pre emptive approach, A decision was taken to construct Biosafety level 2+ category Molecular Biology Laboratory to become self-sufficient and participate in the national network of approved laboratories for SARS COV2 RT PCR testing, much before the directive from NMC.
- NABL Accreditation brought HIMSR at a level much higher than other medical colleges.



## Advanced Life support Ambulance & Oxygen generation Plants purchased



### National Accreditation Board for Hospitals & Healthcare Providers

(Constituent Board of Quality Council of India)

#### Certificate

Hakeem Abdul Hameed Centenary Hospital  
Guru Ravidas Marg, Block-D, Hamdard Nagar  
New Delhi - 110062



*has been assessed and found to comply with NABH  
Pre Accreditation 'Entry Level'-Hospital requirements.  
This certificate is valid for the Scope as specified in the  
annexure subject to continued compliance with the  
'Entry Level' requirements.*

Valid from : September 24, 2019  
Valid thru : September 23, 2021

Certificate No.  
PEH-2019-1017

*Rajit*  
Chief Executive Officer (I/C)

National Accreditation Board for Hospitals & Healthcare Providers, 5<sup>th</sup> Floor, 11<sup>th</sup> Building, 4<sup>th</sup> Ring Road, 1<sup>st</sup> Estate, New Delhi 110 062, India  
Phone: +91-11-42000000, Fax: +91-11-2322 2615, E-mail: helpdesk@nabh.ac.in, Website: www.nabh.ac.in

NABH as an organization is ISO9001 Accredited

## Accreditation



Amidst all odds Quality Control & Assurance cell of HAHC Hospital & HIMSR organized a 3 day training on "Program on Implementation" from 1<sup>st</sup> to 3<sup>rd</sup> June 2021, under the guidance of Medical Superintendent. The training was conducted by the National Accreditation Board for Hospital & Healthcare providers (NABH).





# Community Outreach Activities



The HAHC Hospital COVID Vaccination Centre was inaugurated by Dr. G N Qazi, CEO, HIMSR. It catered to the local community with COVISHIELD & Currently with COVAXIN.

## HAHC Hospital

Third Floor, HIMSR Building, Guru Ravidas Marg, South East Delhi

### Covaxin Covid-19 Vaccination Centre

Monday to Saturday  
9 AM to 4 PM  
HIMSR Building  
Third Floor

Covaxin : ₹1200 per dose  
Inclusive of all charges  
Payment through cash or card  
Register / Walk-in for 2nd  
Dose for 18-44 and 45+

Scan to get Location  
On Google Map

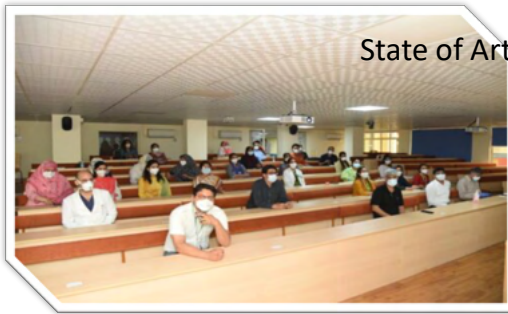
Pre-registration through  
CoWin Portal or Aarogya  
Setu App is mandatory  
Select HAHC Site 1  
Pincode 110062

Bring your original ph  
Aadhar / Driving Lic  
Passport / Voter ID  
For queries call

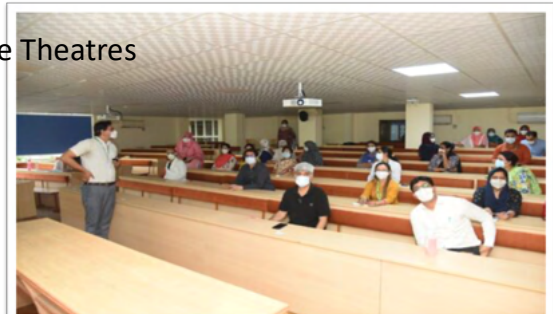
1300+ healthcare workers and frontline workers & 7000+ persons from local community have been vaccinated



# Upgradation of Infrastructure



State of Art Lecture Theatres



Considering the need to create more doctors as per national demand, HIMSR strived to ramp-up its support infrastructure to achieve the permission for 150 UG seats. LTs with 196 seating capacity each with interconnectivity & Facetik camera based attendance facility.



## Departments of Physical Medicine and Rehabilitation (PMR) & Emergency Medicine

Started with the goal to maximize patients' independence in activities of daily living and improve quality of life.



And to create Another Benchmark in Critical care Medicine



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# HIMSR-Media Presence & our resolve:



Faculty actively engaged itself in COVID related healthcare promotion and participated in TV shows, radio programs as well as U-tube to create awareness and provided Tele consultation.

## Dramatic Expansion of Tele health Activities:

In response to the challenges of COVID-19, our faculty, and staff across all 10 subspecialties rapidly transitioned from in-person outpatient visits to tele health visits, with our providers seeing over 750 patients a day via virtual visits at the height of the pandemic.



This past year's challenges that COVID-19 presented were met with innovation and commitment to continue our mission for quality medical education & training. We celebrate our successes over the past academic months and look forward to the year's new innovative programs.





# We Are Thankful To:

## The Editorial Team:



Dr. Zenis Baluja



Dr. Bhumika Upadhyay



Prof. (Dr.) Mridu Dudeja



Dr. Ayan Kumar Das



Dr. Aqsa Shaikh



Dr. Taskin Khan



Dr. Nusrat Nabi

XXXXXXX