## Hamdard Institute of Medical Sciences and Research

#### Jamia Hamdard, New Delhi-110062

### **Foundation Course 2022 MBBS batch**

| S. No. | Modules                                   | No. of hours | Colour code |
|--------|---|--------------|-------------|
| 1      | Orientation                               | 31           | Purple      |
| 2      | Skills Module                             | 35           | Green       |
| 3      | Field Visit                               | 08           | Black       |
| 4      | Professional Development including ethics | 40           | Grey        |
| 5      | Language, Computer Skills                 | 40           | Blue        |
| 6      | Sports                                    | 22           | Red         |
| 7      | Total Hrs.                                | 176 Hrs.     |             |

Foundation Course In-charge : Prof. M.I. Alam

Foundation Course Coordinators : Dr. Shalini Kumar

Dr. Shikha Gautam

Dr. Sana Alam

# MBBS Batch (2021-22): FOUNDATION COURSE

| S. No. | Date / Day                | 8-10am   | 10-11am  | 11-11:15am                                       | 11:15am-1pm   | 1-2pm          | 2-4pm  | Teacher In-charge                     |
|--------|---------------------------|--|--|--|---|----------------|--|---------------------------------------|
| 1      | 15-11-2022<br>(Tuesday)   | Orientation of MBBS (08:00 AM - 04:00 PM)                        |  |  |   |                |  |                                       |
| 2      | 16-11-2022<br>(Wednesday) | MBBS Programme: Prof. Sabina Khan                                | Rules & regulation (exam, attendance, campus, etc.): Prof. Zeeba S Jairajpuri        | Tea Break  | Anti-Ragging &<br>Grievance redressal<br>policies:<br>Prof. M.I. Alam | Lunch<br>break | Visit: HIMSR<br>Dr. Rohan<br>Dr. Manju<br>Dr. Pallavi            | Dr. Amina<br>Miss Kavita              |
| 3      | 17-11-2022<br>(Thursday)  | History of<br>Medicine: An<br>introduction:<br>Prof. Sunil Kohli | Medical profession<br>& physician's role:<br>Prof. Prem Kapoor                       | Tea Break  | Health care system & administrative roles: Prof. Musharraf Husain     | Lunch<br>break | Visit: HIMSR Dr. Vishal K. Singh Dr. Fauzia Dr. Pallavi          | Dr. Kailash<br>Miss Bharti            |
| 4      | 18-11-2022<br>(Friday)    | National Health Priorities: Prof. Farzana Islam                  | National Health<br>Priorities:<br>Prof. Farzana Islam                                | Tea Break  | Principles of family practice: Prof. Vineet Jain                      | Lunch<br>break | Allied Health<br>Sciences:<br>Dr. Sohrab Ahmed<br>Khan           | Dr. Raihan<br>Dr. Mudassar            |
| 5      | 19-11-2022<br>(Saturday)  | Doctor as Teamleader: Prof. Aruna Nigam                          | Self-Directed<br>Learning:<br>Dr. Taskin Khan  | Tea Break  | Vaccination:<br>Dr. Aqsa Shaikh                                       | Lunch<br>break | Role of Nursing in Patient care: Nursing Superintendent          | Dr. Bhawna<br>Miss. Heena             |
|        |                           |  |  |  |   |                |  |                                       |
| 6      | 21-11-2022<br>(Monday)    | Career Pathway:<br>Dr. Arpita<br>Mahajan                         | Denatal Health:<br>Dr. Akbar Naqvi   | Tea Break  | Patient as learning<br>tool:<br>Prof. Arifa Anwar                     | Lunch<br>break | Gender Sensitization and Sexual Harassment: Prof. Sujata Jaitley | Dr. Bhumika<br>Dr. Neetu<br>Chaudhary |
|        |                           | Language Session (4:00pm to 6:00pm)                              |  |  |   |                |  |                                       |
| 7      | 22-11-2022<br>(Tuesday)   | Doctor – Patient<br>relationship:<br>Prof. Musharraf<br>Husain   | Medical Jurisprudence (MLC)  – What an MBBS graduate should know: Prof. R. N. Tandon | Tea Break  | Language Session  | Lunch<br>break | Mentorship<br>Programme:<br>Dr. Shaan<br>Khetrapal               | Dr. Anas<br>Dr. Nishu                 |
|        |                           |  |  | <mark>Sports: (4:00pm</mark><br>arinder, Dr. Kav | to 6:00pm)<br>ita & Dr. Babita  |                |  |                                       |

| S. No. | Date / Day                | 8-10am   | 10-11am  | 11-11:15am       | 11:15am-1pm   | 1-2pm          | 2-4pm   | Teacher In-charge           |
|--------|---------------------------|--|--|------------------|---|----------------|---|-----------------------------|
| 8      | 23-11-2022<br>(Wednesday) | Time & Stress Management: Prof. Sabina Khan                  | Communication<br>Skills:<br>Dr. Yasir Alvi                                     | Tea Break        | Communication<br>Skills:<br>Dr. Yasir Alvi                              | Lunch<br>break | Campus Visit: Dr. Sana Nawab Miss Heena Miss Sheema     | Dr. Sabah<br>Dr. Pallavi    |
|        |                           |  |  |                  |   |                |   |                             |
| 9      | 24-11-2022<br>(Thursday)  | Introduction to Basic lab investigation: Dr. Sana Alam       | Social Stigma and cultural influences in medical practice: Prof. Farzana Islam | Tea Break        | Extracurricular: Dr. Sushovan Roy & Cultural Committee                  | Lunch<br>break | Extracurricular: Dr. Sushovan Roy & Cultural Committee  | Dr. Bhumika<br>Miss Babita  |
|        |                           |  | Langu  | age Session (4:0 | 00pm to 6:00pm)   |                |   |                             |
| 10     | 25-11-2022<br>(Friday)    | Introduction to<br>skill lab:<br>Prof. Ajay Kumar<br>Thakral | Language Session   | Tea Break        | Disability inclusive<br>compassionate care:<br>Dr. Sohrab Ahmed<br>Khan | Lunch<br>break | Computer Session  | Dr. Farishta<br>Miss Bharti |
|        |                           |  |  |                  |   |                |   |                             |
| 11     | 28-11-2022<br>(Monday)    | Medical Ethics & Dillemmas: Prof. Musharraf Husain           | Simulation based<br>learning:<br>Prof. Aruna Nigam                             | Tea Break        | BLS: Anesthesia<br>dept.<br>First Aid: Surgery<br>dept.                 | Lunch<br>break | BLS: Anesthesia<br>dept.<br>First Aid: Surgery<br>dept. | Dr. Kailash<br>Dr. Fauzia   |
|        |                           | Language Session (4:00pm to 6:00pm)                          |  |                  |   |                |   |                             |
| 12     | 29-11-2022<br>(Tuesday)   | Disaster Management: Prof. Sandeep Kumar                     | Research Ethics:<br>Prof. M.I. Alam  | Tea Break        | BLS: Anesthesia dept. First Aid: Surgery dept.                          | Lunch<br>break | BLS: Anesthesia<br>dept.<br>First Aid: Surgery<br>dept. | Dr. Bhumika<br>Miss Sheema  |
|        |                           | Language Session (4:00pm to 6:00pm)                          |  |                  |   |                |   |                             |
| 13     | 30-11-2022<br>(Wednesday) | Mental Health:<br>Dr. Nimmi A<br>Jose                        | Hand hygiene / Biomedical waste management: Dr. Neetushree Dr. Ayan Das        | Tea Break        | Hand hygiene / Biomedical waste management: Dr. Neetushree Dr. Ayan Das | Lunch<br>break | Language Session  | Dr. Richa<br>Dr. Nishu      |

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|--------|---------------------------|---|---|------------------|---|----------------|---|---------------------------------|
| 14     | 01-12-2022<br>(Thursday)  | Interpersonal<br>Relationship:<br>Dr. Taskin Khan                               | Hand hygiene / Biomedical waste management: Dr. Neetushree Dr. Ayan Das         | Tea Break        | Hand hygiene / Biomedical waste management: Dr. Neetushree Dr. Ayan Das | Lunch<br>break | Language Session                                      | Dr. Varun<br>Dr. Mudassar       |
| 15     | 02-12-2022<br>(Friday)    | Artificial<br>Intelligence:<br>Prof. Abhinav<br>Jain                            | Patient Safety &<br>Biohazards:<br>Prof. Charoo Hans                            | Tea Break        | Drug Discovery:<br>Prof. M.I. Alam                                      | Lunch<br>break | Sports:<br>Dr. Narinder<br>Dr. Sana Nawab             | Dr. Sabah<br>Dr. Kartikey Yadav |
|        |                           |   | Langu   | age Session (4:0 | 00pm to 6:00pm)   |                |   |                                 |
| 16     | 03-12-2022<br>(Saturday)  | E-Learning<br>Dr. Yasir Alvi  | Confidentiality, Documentation and Reporting: Dr. Shahina                       | Tea Break        | Yoga & Exercise: Physiology Department                                  | Lunch<br>break | Sports:<br>Dr. Rohan<br>Miss Sheema                   | Dr. Raihan<br>Dr. Nitesh        |
|        |                           |   | Langu   | age Session (4:0 | 00pm to 6:00pm)   |                |   |                                 |
| 17     | 05-12-2022<br>(Monday)    | Pandemic<br>Module:<br>Dr. Neetushree   | Doctor's role in society: Prof. Seema Monga                                     | Tea Break        | PSM Visit   | Lunch<br>break | PSM Visit   | Dr. Farishta<br>Dr. Manju       |
|        |                           |   | ,   |                  |   |                |   |                                 |
| 18     | 06-12-2022<br>(Tuesday)   | Computer<br>Session   | Eye Donation:<br>Prof. Vishnu Gupta   | Tea Break        | PSM Visit   | Lunch<br>break | PSM Visit   | Dr. Anas<br>Dr. Nitish Kumar    |
|        | •                         |   |   |                  |   |                |   |                                 |
| 19     | 07-12-2022<br>(Wednesday) | Violence against<br>doctors (Panel<br>discussion):<br>Prof. Musharraf<br>Husain | Violence against<br>doctors (Panel<br>discussion):<br>Prof. Musharraf<br>Husain | Tea Break        | Language Session  | Lunch<br>break | Sports:<br>Dr. Rohan<br>Dr. Vishal K.<br>Singh        | Dr. Amina<br>Dr. Pallavi        |
| 20     | 08-12-2022<br>(Thursday)  | Computer<br>Session   | Extracurricular: Dr. Sushovan Roy & Cultural Committee                          | Tea Break        | Extracurricular: Dr. Sushovan Roy & Cultural Committee                  | Lunch<br>break | Sports:<br>Dr. Narinder<br>Miss Kavita<br>Miss Bharti | Dr. Farishta<br>Dr. Hina        |
| 21     | 09-12-2022<br>(Friday)    | Feedback  | Reflection writing  | Tea Break        | Computer Session  | Lunch<br>break | Sports:<br>Dr. Narinder<br>Dr. Rohan                  | Dr. Anas<br>Dr. Mudassar        |

#### Note:

- a) All sessions (except visits, sports &skill trainings) will be conducted in LT1 HIMSR.
- b) Attendance for sessions will be taken by faculty in-charge and mailed to <a href="maintenance">himsr.physiology@gmail.com</a> for proper maintenance of attendance record.
- c) Dr. Mansoor Ahmed, Assistant Professor of Surgery will be the Coordinator of Sports Session in Foundation Course.
- d) Language classes and computer classes will be continued after the Foundation Course depending upon the students' requirement.
- e) Students must have minimum 80% attendance in foundation course to appear in 1st Prof Exam.
- f) Students have to write reflections for each session in their logbooks.
- g) IT department should ensure proper IT support for all these sessions.