

HAMDARD INSTITUTE OF MEDICAL SCIENCES & RESEARCH

DEPARTMENT OF MEDICINE

Name of Block	Block 2
Name of Elective	Obesity-assessment and management
Location of hospital Lab or research facility	Department of Medicine, HIMSR
Name of internal preceptor(s)	Dr. Afreen Khan
Name of external preceptor if applicable	
Learning objectives of elective	<ol style="list-style-type: none"> 1. To diagnose and assess patients with obesity 2. To evaluate for obesity-associated comorbid conditions 3. To counsel patients about lifestyle modifications in obesity appropriately 4. To assess need for pharmacological therapy in obesity
Number of students that can be accommodated in this elective	02
Prerequisites for elective	Must have received necessary immunisations, Basic Life Support training
List of activities of student participation	<ol style="list-style-type: none"> 1. Participate in OP and IP rounds 2. Participate in afternoon teaching sessions of the department 3. Present at least one case in the teaching session 4. Participate in patient education and multidisciplinary team meetings
Learning Resources	Harrison's Principles of Internal Medicine Davidson's Principles and Practice of Medicine
Portfolio entries required	Assignments provided One worked up case record that has been presented Documentation of self-directed learning as summary and reflection
Log book entry required	Satisfactory completion of posting by a preceptor with a "meets expectation 'M' grade"