

Hamdard Institute of Medical Sciences and Research

Jamia Hamdard, New Delhi-110062

Foundation Course 2023 MBBS batch

S. No.	Modules	No. of hours	Colour code
1	Orientation	30	Purple
2	Skills Module	34	Green
3	Field Visit	08	Black
4	Professional Development including ethics	40	Grey
5	Language , Computer Skills	32	Blue
6	Sports, yoga and extracurricular skills	16	Red
7	Total Hrs.	160 Hrs.	

Foundation Course In-charge : Prof. M.I. Alam

Foundation Course Coordinators : Dr. Shalini Kumar

Dr. Shikha Gautam

Dr. Sana Alam

MBBS Batch (2023-24): FOUNDATION COURSE

S. No.	Date / Day	8-10:15am	10:15-10:30am	10:30am-1pm	1-2pm	2-3pm	3-4pm	Teacher In-charge	
1	01.09.2023 (Friday)	Orientation of MBBS (08:00 AM - 04:00 PM)							
2	02.09.2023 (Saturday)	MBBS Programme & IMG Rules: Prof. Sabina Khan	Tea Break	Rules & regulation(exam, attendance,campus, etc.): Prof. Zeeba S Jairajpuri	Lunch break	Anti-Ragging & Grievance redressal policies: Prof. M.L. Alam	Visit: HIMSR Mr. Rizwan Dr. Pallavi	Dr. Anas Dr. Manju	
3	04.09.2023 (Monday)	History of Medicine: and alternate system of medicine : Prof. Sunil Kohli	Tea Break	Medical profession& physician's role: Prof. Prem Kapoor	Lunch break	Health care system& administrative roles: Prof. Musharraf Husain	Visit: HAHC Hospital Mr. Rizwan Dr. Pallavi	Dr. Amina Ms. Babita	
4	05.09.2023 (Tuesday)	National Health Priorities: Prof. Farzana Islam	Tea Break	Principles of familypractice: Prof. Vineet Jain	Lunch break	Allied HealthSciences: Dr. Sohrab Ahmed Khan		Dr. Sabah Dr. Fauzia	
5	06.09.2023 (Wednesday)	Career Pathway: Dr. Arpita Mahajan	Tea Break	Doctor as Teamleader: Prof. Aruna Nigam	Lunch break	Visit: Campus Ms. Kavita Mr. Rizwan		Dr. Anas Ms. Hina	
6	08.09.2023 (Friday)	Patient as learningtool: Prof. Arifa Anwar	Tea Break	Gender Sensitization and Sexual Harassment: Prof. Sujata Jaitley	Lunch break	Mentorship Programme: Dr. Shaan Khetrpal		Dr. Richa Ms. Aparna	
7	11.09.2023 (Monday)	Introduction to skill lab: Prof. Ajay Kumar Thakral	Tea Break	BLS: Anesthesia Dept. First Aid: Surgery Dept. & Universal Precautions: Microbiology Dept. Batch A,B,C (1-50;51-100;101-150)	Lunch break	BLS: Anesthesia Dept. First Aid: Surgery Dept. & Universal Precautions: Microbiology Dept. Batch A,B,C (1-50;51-100;101-150)		Dr. Kailash Ms. Kavita	
8	12.09.2023 (Tuesday)	Medical Ethics & Dilemmas: Prof. MusharrafHusain	Tea Break	BLS: Anesthesia Dept. First Aid: Surgery Dept. & Universal Precautions: Microbiology Dept. Batch A,B,C (1-50;51-100;101-150)	Lunch break	BLS: Anesthesia Dept. First Aid: Surgery Dept. & Universal Precautions: Microbiology Dept. Batch A,B,C (1-50;51-100;101-150)		Dr. Bhumika Dr. Manju	

S. No.	Date / Day	8-10:15am	10:15-10:30am	10:30am-1pm	1-2pm	2-4pm	Teacher In-charge	
9	13.09.2023 (Wednesday)	Communication Skills: Dr. Yasir Alvi	Tea Break	BLS: Anesthesia Dept. First Aid: Surgery Dept. & Universal Precautions: Microbiology Dept. Batch A,B,C (1-50;51-100;101-150)	Lunch break	BLS: Anesthesia Dept. First Aid: Surgery Dept. & Universal Precautions: Microbiology Dept. Batch A,B,C (1-50;51-100;101-150)	Dr. Bhumika Dr. Fauzia	
10	14.09.2023 (Thursday)	Time & Stress Management: Prof. Sabina Khan	Tea Break	Field Visit PSM Dept.	Lunch break	Field Visit PSM Dept.	Dr. Kartikey Ms. Hina	
11	15.09.2023 (Friday)	Immunisation: Dr. Devki Nandan	Tea Break	Field Visit PSM Dept.	Lunch break	Field Visit PSM Dept.	Dr. Kartikey Ms. Hina	
12	16.09.2023 (Saturday)	Disability inclusive compassionate care: PMR Dept.	Tea Break	Self-Directed Learning: Dr. Taskin Khan	Lunch break	Sports: Sports Committee	Dr. Kailash Ms. Babita	
S. No.	Date / Day	8-10am	10-11am	11-11:15am	11:15 am-1pm	1-2pm	2-4pm	Teacher In-charge
13	30.09.2023 (Saturday)	Medical Humanities: Dr. Aqsa	Biomedical waste management: Dr. Neetushree	Tea Break	Extracurricular Activities: Dr. Sushovan Roy & Cultural Committee	Lunch break	Sports: Sports Committee	Dr. Richa Ms. Aparna
14	07.10.2023 (Saturday)	Medical Jurisprudence (MLC) – What an MBBS graduate should know: Prof. R. N. Tandon	Role of Nursing in Patient care: Nursing Superintendent	Tea Break	Clinical research Prof. M.I. Alam	Lunch break	Sports: Sports Committee	Dr. Sabah Dr Mushtaq
15	21.10.2023 (Saturday)	Social Stigma and cultural influences in medical practice: Prof. Farzana Islam	Research Ethics: Prof. M.I. Alam	Tea Break	Extracurricular Activities: Dr. Sushovan Roy & Cultural Committee	Lunch break	Sports: Sports Committee	Dr. Bhumika Ms. Shazia
16	04.11.2023 (Saturday)	Mental Health: Dr. Nimmi A Jose	Doctor's role in society: Prof. Seema Monga	Tea Break	Hand hygiene & pandemic module Dr Neetushree	Lunch break	Sports: Sports Committee	Dr. Sabah Dr. Mudassar
17	18.11.2023 (Saturday)	Patient Safety & Biohazards: Prof. Charoo Hans	Yoga & Exercise: Dr. Bhawana	Tea Break	Artificial Intelligence: Prof. Abhinav Jain	Lunch break	Sports: Sports Committee	Dr. Kailash Dr Neetu

S. No.	Date / Day	8-10am	10-11am	11-11:15am	11:15 am-1pm	1-2pm	2-4pm	Teacher In-charge
18	02.12.2023 (Saturday)	Language Session	ComputerSession	Tea Break	Language Session	Lunch break	Sports: Sports Committee	Dr. Anas Dr. Mudassar
19	16.12.2023 (Saturday)	ComputerSession	Language Session	Tea Break	Language Session	Lunch break	Computer Session	Dr. Amina Ms. Babita
20	30.12.2023 (Saturday)	Dental Health: Dr. Akbar Naqvi	Confidentiality, Documentation andReporting: Dr. Shahina	Tea Break	Extracurricular Activities: Dr. Sushovan Roy & Cultural Committee	Lunch break	Computer Session	Dr. Sabah Dr. Fauzia
21	06.01.2024 (Saturday)	Violence againstdoctors (Panel discussion): Prof. Musharraf Husain ComputerSession	Simulation basedlearning: Prof. Aruna Nigam	Tea Break	Language Session	Lunch break	Language Session	Dr. Bhumika Dr. Manju
22	20.01.2024 (Saturday)	E-Learning: Dr. Yasir Alvi	ComputerSession	Tea Break	Language Session	Lunch break	Language Session	Dr. Anas Dr. Mudassar

M. Iqbal Alam

Prof. M. Iqbal Alam
Incharge Foundation Course

M. D. Dudeja

Prof. (Dr.) Mridu Dudeja
Dean/Principal



Dr. Md. Iqbal Alam
Professor
Department of Physiology
HIMS, Jamia Hamdard
New Delhi-110062

Note:

- a) All sessions (except visits, sports & skill trainings) will be conducted in LT1 HIMSR.
- b) Attendance for sessions will be taken by faculty in-charge and mailed to himsr.physiology@gmail.com for proper maintenance of attendance record.
- c) Dr. Mansoor Ahmed, Assistant Professor of Surgery will be the Coordinator of Sports Session in Foundation Course.
- d) Language classes and computer classes will be continued after the Foundation Course depending upon the students' requirement.
- e) Students must have minimum 80% attendance in foundation course to appear in 1st Prof Exam.
- f) Students have to write reflections for each session in their logbooks.
- g) IT department should ensure proper IT support for all these sessions.