

Elective In Obstetrics & Gynaecology

Family Planning Module

S. No.	Name of the Elective	Family Planning
1	Block	
2	Department/ Area	Obstetrics and Gynaecology
3	Name of Mentor/ Supervisor/ In charge	Dr Sumedha Sharma, Associate Professor, Department of Obstetrics and Gynecology, HIMSR
4	Co-Supervisor	Dr Zeba Khanam, Assistant Professor, Department of Obstetrics and Gynecology, HIMSR
5	Number of students intake	02-05
6	Method of Selection (if applicable)	Interview to determine a candidate's core understanding and interests in the field of family planning.
7	Objectives	<ol style="list-style-type: none"> 1. To help trainees acquire basic knowledge about family planning and develop a positive attitude towards it. 2. To help a trainee gain competencies in family planning services.
8	Expected outcomes	<ol style="list-style-type: none"> 1. To describe temporary and permanent methods of female contraception. 2. To obtain a gynaecological and obstetric history relevant to family planning and conduct a thorough clinical and gynaecological examination. 3. To conduct a family planning counselling of a woman/couple using the 'GATHER' approach. 4. To prescribe family planning services according to a couple's eligibility. 5. To be able to perform IUCD (including PPIUCD) insertions, independently. 6. To be able to assist in the tubectomy procedure and perform tubectomies in a simulated environment. 7. To describe the Medical Termination of Pregnancy (Amendment) Act, 2021 and the surgical and medical methods for first and second trimester abortions. 8. To be able to obtain the consent of a person undergoing an MTP. 9. To write a prescription for a first trimester medical abortion. 10. To be able to assist an MTP procedure and perform MTP in a simulated environment.
9	Assessment	<ol style="list-style-type: none"> 1. Attendance 2. Day to day participation in family planning activities during the routine training hours. 3. Performance of assigned task and presentation of worked up case in the department.
10	Log book	Regular log book entry of daily activities. See Appendix 1 for log book details.

Annexure 1

S. No.	Name of Competency	Procedure	Date of Procedure	Trainee's feedback	Trainee's initials	Trainer's initials with date
1	To describe temporary and permanent methods of female contraception.					
2	To obtain a gynaecological and obstetric history relevant to family planning and conduct a thorough clinical and gynaecological examination.					
3	To conduct a family planning counselling of a woman/couple using the 'GATHER' approach.					
4	To prescribe family planning services according to a couple's eligibility.					
5	To be able to perform IUCD (including PPIUCD) insertions, independently.					
6	To be able to assist in the tubectomy procedure and perform tubectomies in a simulated environment.					
7	To describe the Medical Termination of Pregnancy (Amendment) Act, 2021 and the surgical and medical methods for first and second trimester abortions.					
8	To be able to obtain the consent of a person undergoing an MTP.					

9	To write a prescription for a first trimester medical abortion.					
10	To be able to assist an MTP procedure and perform MTP in a simulated environment.					

Reflection by student