

DEPARTMENT OF COMMUNITY MEDICINE
HAMDARD INSTITUTE OF MEDICAL SCIENCES & RESEARCH, NEW DELHI
ELECTIVES

Name of Block	Block 1	
Name of Elective	Nutrition Basics	
Location of hospital lab or research facility	Medical college	
Name of internal preceptor(s)	Supervisor	Dr. Richa Gautam
	Co Supervisor	Dr. Md Rashid
	Co Supervisor	Dr. Shyambhavee
	Facilitator	Dr. Asma Aftab
Name of external preceptor (if any)	N/A	
Learning objectives of the elective	<ol style="list-style-type: none"> 1. To understand basics of nutrition 2. To understand the global and national burden of malnourishment 3. To Conduct Nutritional Assessment 4. To identify Nutritional deficiencies 5. To understand impact of climate change on nutrition. 6. To plan a diet as per physiological need 	
Number of students that can be accommodated in this elective	5	
Prerequisites for the elective	-	
Learning resources for students	<ol style="list-style-type: none"> 1. Nutritional Requirements for Indians; ICMR NIN. 2. Indian food composition tables, NIN. 3. Maxy Textbook of Public Health Nutrition. 4. Textbook of Nutrition and Dietetics Kumud Khanna 	
List of activities in which the student will participate	<ol style="list-style-type: none"> 1. Discussion on reports of global and national burden of malnutrition. 2. To Conduct Nutritional Assessment 3. To identify Nutritional deficiencies 4. To demonstrate diet of different physiological needs of individuals 	
Portfolio entries required	Workbook entry. Diet Demonstration.	
Log book entry required	Yes	
Assessment	Project file	