

## Elective- Pain Management

Name of Supervisor	Dr. Jyotsna Agarwal Professor, Department of Anaesthesiology and Pain Medicine
Name of Co-Supervisor	Dr. Samiksha Khanuja (Associate Professor) Dr. Mahima Gupta ( Assistant Professor) Dr. Megha Wadhvani (Assistant Professor)  Department of Anaesthesiology and Pain Medicine
Department	Anaesthesiology and Pain Management
Name of Elective / Course	Pain Management  <i>Young, old or adult etal, We try to manage pain of all; Lets' measure what is just felt, The 5<sup>th</sup> vital sign means more than just discontent.</i>  <i>Pain as vital as it is, Acute can turn Chronic and into disabilities; Factors can be physical, psychological and social strain, Lets' do the little things, to reduce and if possible, conquer Pain!</i>
Number of students	02
Duration	15 days
Objectives	<ol style="list-style-type: none"> <li>1. To sensitize the student to the concept of acute postoperative pain and chronic pain</li> <li>2. To determine the anatomical correlates and physiological principles of pain</li> <li>3. To teach the student basic assessment techniques for acute and chronic pain</li> <li>4. To teach the student principles of acute and chronic pain management</li> <li>5. To teach the verbal and non-verbal communication skills while interacting with a patient in pain</li> </ol>
Expected outcomes	<ol style="list-style-type: none"> <li>1. The student should be able to objectively assess pain</li> <li>2. The student should know the pain management principles and management protocols for common pain conditions such as low back pain, acute postsurgical pain, facial pain and headaches</li> </ol>

	<ol style="list-style-type: none"> <li>3. The student should understand the pharmacology and use of drugs in the pain management</li> <li>4. The student should be able to communicate effectively with a pain patient</li> </ol>
Expectations from students	The student should attend the 'Pain Clinic' and 'Acute Pain Services' regularly and also observe Interventional Pain techniques done in the stipulated period. The student shall have the opportunity to be a part of 'Pain Camps' organized in that period
Assessment Mechanism	Viva, assignments, theory , daily assessments
Log Book	Regular logbook entry

## LOG BOOK

S. No.	Name of Competency	Cognitive (out of 5)	Affective (out of 5)	Psychomotor (out of 5)	Remarks
1	Describe the anatomical correlates and physiologic principles of pain				
2	Elicit and determine the level, quality and quantity of pain and its tolerance in patient or surrogate				
3	Describe the pharmacology and use of drugs in the management of pain				
<b>OTHER ASSESSMENT AREAS</b>					
	Marks obtained in theory (MCQ) test (out of 10)	Marks obtained in CAP assessment (out of 15)	Overall score (out of 25)		
	Students attendance				
	Trainers feedback of student				
	Students Reflection and feedback				

Students signature with date

Supervisors signature with date