Hamdard Institute of Medical Sciences and Research

1	Name of the Electives	Spirometry and Peak expiratory flow meter
2	Block	11
3	Department /Area	Department of Respiratory Medicine
4	Name of the Mentor/	Dr Sumeera Banday ,Associate Professor ,Department of
	Supervisor/ In charge	Respiratory Medicine, HIMSR
5	Co Supervisor/s	Dr Mohd Afaque, Senior Resident, Department of Respiratory
		Medicine.
6	No. of students' intake	04 + 02
	Method of selection (if	Interview to assess their interest and basic knowledge about
	applicable)	lung function tests (spirometry and peak expiratory flowmeter)
7	Objectives	1. Basic understanding about importance and role of
		spirometry in diagnosis of obstructive airway diseases.
		2. Differentiation of basics of obstructive versus restrictive
		lung diseases through spirometry.
		3. Monitoring of lung function using peak expiratory flow
		meter in asthmatics.
8	Expected outcomes	1. To be able to describe the basic spirometry graphs
		2. Assessment of bronchodilator response in spirometry.
		3. To be able to prescribe peak flow expiratory meter and
		its interpretation in day today lung function assessmen
9	Assessment	1. At the end of training hours each trainee will be
		presenting graphical representation of spirometry
		graphs
		2. Attendance
10	Log book	Regular logbook entry of the daily activities with graphs.

Electives