



**HAMDARD INSTITUTE OF MEDICAL SCIENCES & RESEARCH  
AND ASSOCIATED HAH CENTENARY HOSPITAL  
GURU RAVIDAS MARG, HAMDARD NAGAR  
NEW DELHI - 110062**

Date: 30.03.2026

**OFFICE ORDER**

**Subject: Constitution of Nashamukti Committee**

In order to promote a substance-free environment and to strengthen awareness, prevention, and rehabilitation initiatives related to substance abuse, a *Nash Mukti Committee* is hereby constituted with immediate effect. The composition of the Committee shall be as follows:

1. Chairperson: Prof. (Dr.) Manjeet Singh Bhatia, Psychiatry
2. Member Secretary: Dr. Richa Gautam, Community Medicine
3. Member: Dr. Nimmi Jose, Psychiatry
4. Member: Prof. (Dr.) Aqsa Shaikh, Community Medicine
5. Member: Dr. Owais Alam, AMS
6. Member: Dr. P.N Fathima Beevi, AMS

**Roles and Responsibilities: The Committee shall:**

- Plan & implement awareness programs and conduct physical audit or interviews to prevent substance abuse.
- Provide guidance and support mechanisms for individuals affected by substance use.
- Coordinate with relevant stakeholders for counselling, rehabilitation, and outreach activities.
- Monitor and review ongoing initiatives and submit periodic reports to the competent authority.

Prof. (Dr.) Musharraf Husain  
Dean/Principal  
HIMSR & HAHCH

**Copy to:**

1. Medical Superintendent, HAHCH
2. All heads of the Department, HIMSR & HAHCH
3. In-Charge, Examination, HIMSR & HAHCH
4. Sr. Manager, Finance & Accounts, HIMSR & HAHCH
5. Notice Board
6. File

