



**Hamdard Institute of Medical Sciences  
&  
Research and HAHC Hospital  
Department of Community Medicine**

**Report of Health Camp  
(17<sup>th</sup> February 2026)**



**Venue: UHTC Sharma Market Pul Prahladpur**

# **Report on Health Camp at UHTC Pul Prahladpur, Delhi**

## **1. Introduction**

The Department of Community Medicine in collaboration with the Department Ophthalmology, Dentistry, ENT, of HIMSR, District Tuberculosis Unit and Ayushman Bharat team (PMJAY) organized a one-day health camp at UHTC, Pul Prahladpur, Delhi, on 17<sup>th</sup> February 2026. This Camp was conducted under the guidance of Dr. G. N. Qazi (CEO of HIMSR), Dr. Musharraf Husain, Dean HIMSR, Dr. Sandeep Kumar, Medical Superintendent of HAHC Hospital, and Dr. Farzana Islam, head of department of Community Medicine, HIMSR. The camp was part of NMC's mandated activities of providing services under FAP and HIMSR's ongoing commitment to community outreach and public health promotion and to address the healthcare needs of the local population, particularly underserved groups, by providing preventive screenings, specialized consultations, and access to government health schemes. The beneficiaries included families of V. P. Singh camp under Family Adoption Programme (FAP) and those of catchment area of UTHC Pul Prahladpur.

The responsibilities for the camp were organized across multiple stations to ensure smooth functioning. The stations included were for, tuberculosis and Non-Communicable Diseases (NCD) screening, anthropometry, general OPD, ENT, Ophthalmology, Pediatrics, Dentistry and Pharmacy. Health education activities were conducted which included counselling on the importance of maintaining healthy lifestyle and nutrition.

## **2. Objectives**

- To offer specialized OPD consultations in general medicine, ENT, ophthalmology, paediatrics, and dental care.
- To screen for non-communicable diseases and tuberculosis.

- To facilitate Ayushman Bharat card registration, enabling beneficiaries to access free healthcare services under the national scheme.
- To raise awareness about preventive health practices and encourage early diagnosis.
- To strengthen community engagement and build trust between healthcare providers and residents.

### 3. Services Provided

#### **OPD Consultations:**

- **General OPD:** Diagnosis and treatment of common health conditions.
- **Ophthalmology:** Eye check-ups, vision screening, and referrals for advanced care
- **Dental:** Oral health check-ups, preventive care, and treatment of common dental issues
- **ENT:** Diagnosis and treatment of ear, nose, and throat conditions
- **Paediatrics:** Child health consultations, growth monitoring, and vaccination advice

#### **Ayushman Bharat Card Services: (UNDER PMJAY)**

- On-site registration and certificate distribution for elderly >70 years
- Guidance on scheme benefits and usage

### 4. Participation

- **Beneficiaries:** Residents from V.P. Singh, Sonia Gandhi and Ram Pyari camps under FAP.
- **Healthcare Team:** Doctors, nurses, and allied health staff from HIMSR.

- **Community Engagement:** Local leaders and residents actively supported the initiative, ensuring smooth organization and high participation.

## 5. Outcomes

- A total of 284 patients attended the health camp.
- Female gender predominated, comprising about 69.7% of beneficiaries.
- The 19–45 years age group formed the large proportion of beneficiaries (40.1%).
- Geriatric age group constituted the smallest proportion (8.5%).
- Nuclear families (52%) were almost equal to joint families.
- General OPD had the highest patient load (149 cases).

### Distribution of Diagnoses by Category (%)

Diagnosis Category	% of total diagnoses
Chronic Diseases	27.5%
Musculoskeletal/Pain	15.2%
URTI	11.7%
Refractive errors	10.6%
Anaemia	7.5%
ENT Issues	7.5%
Others	19.9%

## Key Highlights

As mandated by NMC, a Family Adoption Program (FAP) health camp was conducted on 17<sup>th</sup> February 2026, by the Department of Community Medicine, in collaboration with Department Ophthalmology, Dentistry, and ENT of HIMSR and HAHC hospital, District Tuberculosis Unit and Ayushman Bharat team (PMJAY).

### **Distribution of beneficiaries according to the age and gender:**

Category		N	Percentage (%)
<b>Total Patients</b>		<b>284</b>	
<b>Gender</b>	Female	197	69.7
	Male	87	30.6
<b>Age</b>	0–18	69	24.3
	19–45	114	40.1
	46–65	71	25.0
	>65	24	8.5

The screening of patients revealed significant findings regarding chronic disease risk factors:

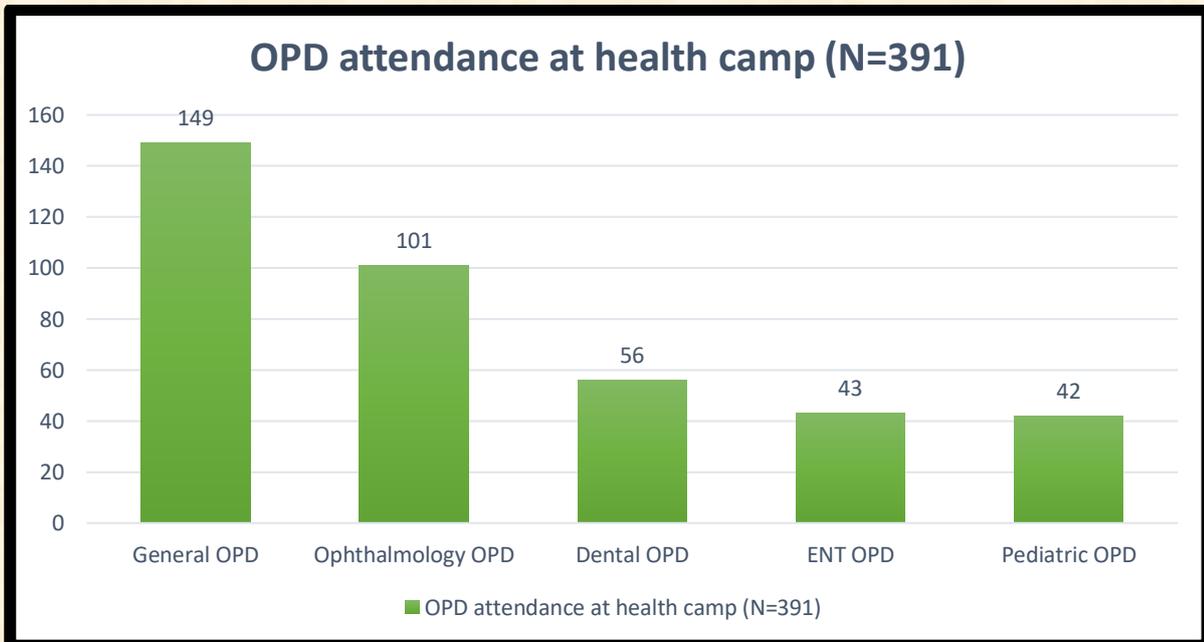
		N	%
Blood pressure	$\geq 140/90$	50	33.3
	$<140/90$	100	66.7
Random blood sugar	$\geq 200$	9	6.1
	$<200$	138	93.9

- Obesity: 15.25% (34/223) of patients were obese (had a BMI above 30)
- Hypertension Risk: 33.33% of patients (50 out of 150 readings) showed blood pressure levels systolic  $\geq 140$  or diastolic  $\geq 90$  mm Hg indicating hypertension is prevalent and uncontrolled in these population.

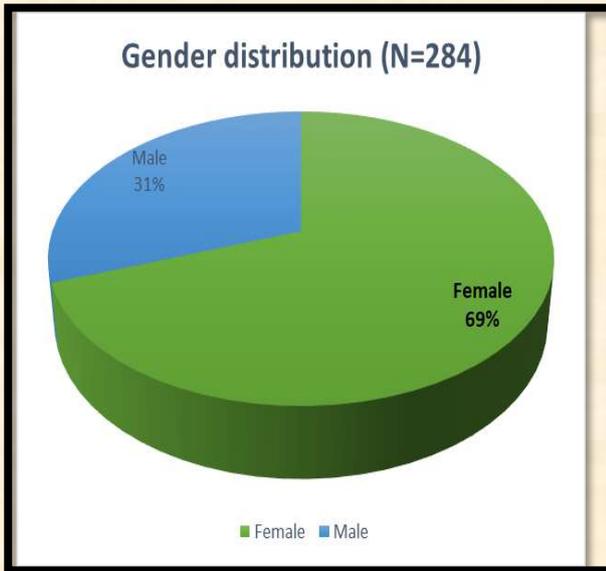
- Diabetes Risk: 6.12% of patients (9 out of 147 readings) had a Random Blood Sugar (RBS) of 200 or more.

### Distribution of beneficiaries in various OPDs

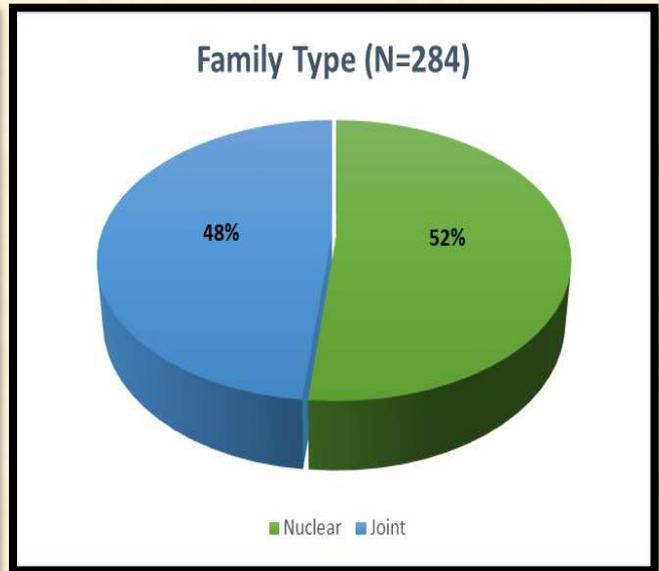
Services	Patients (N)
General OPD	149
Ophthalmology OPD	101
Dental OPD	56
ENT OPD	43
Pediatric OPD	42
TB Screening	161
Chest X-Ray (using portable Xray)	79
Ayushman Bharat Card distribution	18
Total OPD	391



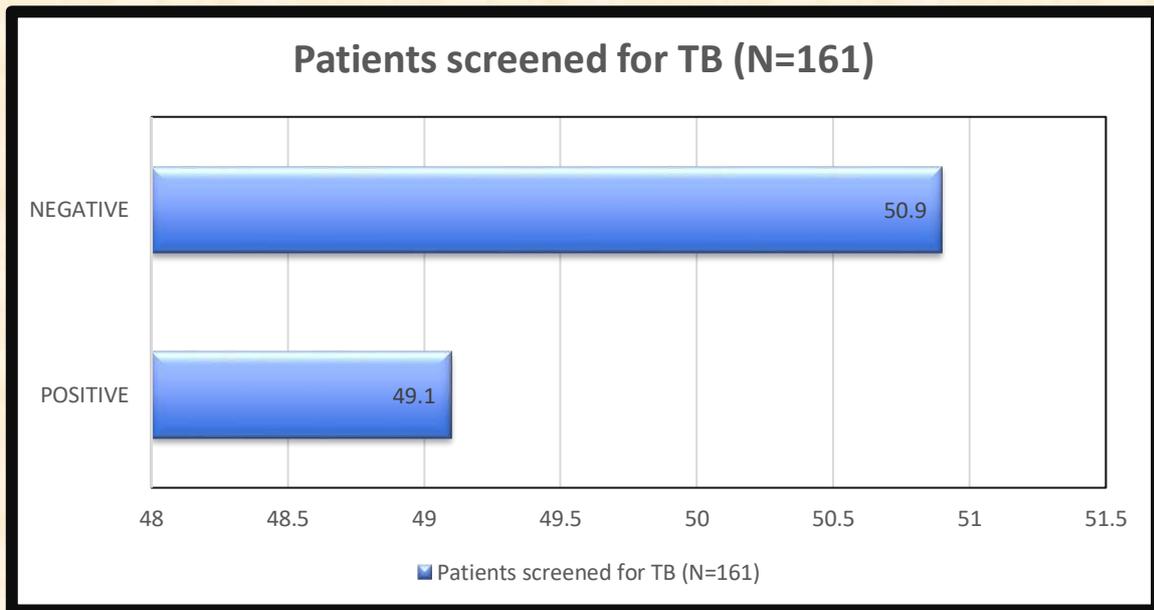
**Fig 1. Distribution of beneficiaries in various OPDs**



**Fig 2. Distribution by gender of patients attending health camp**



**Fig 3. Distribution by type of family among patients attending health camp**



**Fig. 4 Status of beneficiaries according to TB screening**

## Glimpses of health camp



Patients queuing for medical registration and screening



Dr Farzana Islam with the paediatric OPD beneficiaries



Beneficiaries at the registration counter



Registration of beneficiaries



General OPD services being provided by  
Dr Azhar Yousuf and Dr Asma Aftab



Paediatric OPD services being provided  
by Dr Sk Md Sahnawaz



Dental OPD services being provided by Dr  
Lubna



ENT services being provided by  
Dr Kritika



Screening counter for anthropometry and  
tuberculosis by Dr Diya and Dr Henna



Recording the FAP data of beneficiaries



Blood pressure measurement and RBS of  
beneficiaries being done

## Conclusion

The health camp successfully delivered essential care to 284 beneficiaries of V.P. Singh camp, facilitated by the students undergoing training under Family Adoption Programme. By offering multi-specialty services across ophthalmology, paediatrics and dentistry, the team addressed a wide range of needs, noting a 69.7% turnout among local women. While general ailments like fever and respiratory infections were common, the screening of 161 individuals revealed 49.1% positivity rate for TB-related symptoms. Beyond providing medications, the initiative built lasting community trust and fulfilled HIMSR's commitment to public health by facilitating access to vital screenings and national schemes like Ayushman Bharat.

<b>Faculty</b>	Dr. Farzana Islam Dr Aqsa Shaikh Dr. Richa Gautam	Dr. Yasir Alvi Dr. Mohammad Rashid
<b>Medical Officers</b>	Dr. Riyaz Patto	Dr. Azhar Yousuf
<b>Senior Residents (SRs)</b>	Dr. Asma Aftab Dr. Diya	Dr. Nischal Yathagiri Dr. Manpreet Singh
<b>Ophthalmology</b>	Dr Khaja Muqsith	
<b>Dentistry</b>	Dr Lubna Ahmad	
<b>ENT</b>	Dr Kritika	
<b>District Tuberculosis Centre</b>	Mr Rahul Kumar Mr Rahul	
<b>Ayushman Bharat (PMJAY)</b>	Mr Rafiq Khan	
<b>Postgraduates (PGs)</b>	Dr. Afreen Dr. Henna Dr. Amir	Dr. Samreen Dr. Nooreen
<b>Interns</b>	Dr Shahnawaz Dr Zuhayr Dr Sukriti	Dr Vidhi Dr Vishant Dr Yawar
<b>Staff</b>	Ms. Lakshita Mr. Haseen Mr. Mehraz Mr. Azhar Mr. Rizwan Ms. Pranjul Mr. Shawez	Ms. Nazmeen Mr. Prakash Mr. Islam Ms. Swati Ms. Shabnam Mr. Shadab Ms. Anjum