

Hamdard Institute of Medical Sciences and Research

Hamdard Nagar, New Delhi-110062

Foundation Course 2026 MBBS batch

S. No.	Modules	No. of hours	Colour Code
1	Orientation	15 hrs	Orange
2	Skills Module	16 hrs 30 mins	Blue
3	Field Visit	05 hrs	Purple
4	Professional Development including ethics	20 hrs 30 mins	Green
5	Language, Computer Skills and Clinico Lab Communication	7hrs 30 mins	Yellow
6	Sports and extracurricular skills	15 hrs 30 mins	Brown
7	Total Hrs.	80 hrs	

Foundation Course Committee

Coordinator

: Prof. M.I. Alam, HOD Physiology

Members

: Prof. Sana Alam, professor Biochemistry

Prof. Shikha Gautam, Professor, Physiology

Prof. Arpita Mahajan, Professor, Anatomy

MBBS Batch (2026-27): FOUNDATION COURSE

S. No.	Date / Day	8-9:00am	9 – 10:15am	10:15-10:30am	10:30am-11:30am	11:30am-1pm	1-2pm	2-4:30 pm	Teacher In-charge
1	15.09.2026 (Tue)	Orientation of MBBS (08:00 AM - 04:00 PM)							
2	16.09.2026 (Wed.)	MBBS Programme & Role of IMG: Prof. Sabina Khan		Tea Break	Rules & regulation (exam, attendance, campus, etc.): Prof. Taskin Khan	Anti-Ragging & Grievance Redressal: Prof. M. Iqbal Alam	Lunch break	Visit: Campus (40 minutes each, three groups) A Block / B Block HIMSR	Dr. Asif Ali (Biochem) Dr. Noureen Hasan (Anat) Dr. Manju Sharma (Physio)
3	17.09.2026 (Thurs)	History of Medicine: and alternate system of medicine (AYUSH): Prof. Anwar Habib	Principles of family practice: Prof. Vineet Jain	Tea Break	Medical Profession & physician's role: Prof. Prem Kapoor	Health Care System: Prof. Farzana Islam	Lunch break	Sports and Cultural Dr. Javed / Dr. Sana Alam	Dr. Abhishek (Anat) Dr. Aparajita (Physio) Dr. Vaibhav (Anat)
4	18.09.2026 (Fri)	National Health Priorities & Vaccination: Prof. Farzana	Universal Precautions, Hand Hygiene : Dr. Neetushree	Tea Break	Mental Health: Prof. MS Bhatia	Gender Sensitization and Sexual Harassment Prof. Zeba	Lunch break	Sports and Cultural Dr. Javed / Dr. Sana Alam	Dr. Manvi Gupta (Physio) Dr. Huda (Biochem) Dr. Kanishka Narwal (Anat)
5	19.09.2026 (Sat)	Concept of Professionalism & Ethics Prof. Musharraf Husain		Tea Break	Patient Safety & Biohazards: Dr. Ayan Das	Biomedical Waste Management Prof. Rachna	Lunch break	Sports and Cultural Dr. Javed / Dr. Sana Alam	Dr. Fauzia (Physio) Dr. Azhar (PSM) Dr. Adiba (Biochem)
	Date / Day	8-9 am	9-10:15am	10:15-10:30am	10:30am-1pm		1-2pm	2-4:4:30pm	Teacher In-charge
6	21.09.2026 (Mon)	Self-Directed Learning: Prof. Taskin Khan	Patient as learning tool: Prof. Ajay Thakral	Tea Break	10:30-12:00	12-1:30	1:30-2:30	2:30-4:00	Dr. Anas (Anat) Dr. Huda (Biochem) Dr. Aparajita (Physio)
					BLS- Anaesthesia Dept. (1-50) First Aid- Surgery Dept. (101-150) Extra-curricular (51-100)	BLS- Anaesthesia Dept (51-100) First Aid- Surgery Dept. (1-50) Extra-curricular (101-150)	Lunch break	BLS- Anaesthesia Dept. (101-150) First Aid- Surgery Dept.(51-100) Extra-curricular (1-50)	

					10:30-12:00	12-1:30	1:30-2:30	2:30-4:00	
					BLS- Anaesthesia Dept. (1-50) First Aid- Surgery Dept. (101-150) Extra-curricular (51-100)	BLS- Anaesthesia Dept (51-100) First Aid- Surgery Dept. (1-50) Extra-curricular (101-150)	Lunch break	BLS- Anaesthesia Dept. (101-150) First Aid- Surgery Dept. (51-100) Extra-curricular (1-50)	
7	22.09.2026 (Tues)	Interpersonal Relationship: Prof. Seema Monga	SDL-Immunization Dr. Mukesh Kumar / MEU	Tea Break					Dr. Harisha, (Anat) Dr. Manju, (Physio) Dr. Adiba (Biochem)
8	23.09.2026 (Wed)	Clinical Lab Communication Prof. Jaspreet Kaur	Clinical Documentation Prof. Ajay / Dr. Tajamul	Tea Break	Social Stigma and cultural influences in medical practice: Dr. Nimmi Jose		Lunch break	Extra-curricular (51-100)	Dr. Anas (Anat) Dr. Diya (PSM) Dr. Fauzia (Physio)
9	24.09.2026 (Thurs)	Disability inclusive compassionate care: Prof. Aqsa Shaikh	Time & Stress Management: Prof. Sabina Khan	Tea Break	Panel discussion (violence against doctors) Prof. Musharraf / Dr. Siddhartha / Dr Owais		Lunch break	Mentorship: Dr. Shaan / Dr. Iqra	Dr. Manvi (Physio) Dr. Abhishek (Anat) Dr. Noureen (Anat)
10	25.09.2026 (Fri)	Research and Development Prof. M.I. Alam	Communication Skills: Prof. Sana Alam	Tea Break	Field Visit (Community Medicine) HOD		Lunch break	Field Visit (Community Medicine) HOD	Dr. Azhar (PSM) Dr. Diya (PSM)
11	28.09.2026 (Mon)	E-Resource / (Library) Prof. Abhinav	Artificial Intelligence/ language	Tea Break	Artificial Intelligence/ language		Lunch break	Sports & Extra-curricular Activities Dr. Javed/ Dr. Sana	Dr. Sehar (Physio) Dr. Harisha (Anat) Mr. Rizwan (Biochem)

Note:

- a) All sessions (except visits, sports & skill trainings) will be conducted in LT1 HIMSR.
- b) Attendance for sessions will be taken by faculty in-charge and mailed to himsr.physiology@gmail.com at the end of every day.
- c) Prof. (Dr.) Pratibha, Anaesthesia and Prof. (Dr.) Ajay Thakral, Surgery will coordinate BLS and First Aid session
- d) Prof. (Dr.) Javed Jameel and Prof. (Dr.) Sana Alam will coordinate the Sports and Extracurricular activity.
- e) Students must have minimum 75% attendance in foundation course to appear in 1st Prof Exam.
- f) Students have to write reflections for each session in their logbooks.
- g) IT department should ensure proper IT support for all these sessions.

Prof. Iqbal Alam

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Coordinator, Foundation Course

Prof. Musharraf Husain

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Dean/Principal, HIMSR

Copy to:

- All Heads of the Departments
- All Concerned Faculty members
- Phase Coordinators
- MEU Coordinator
- Member secretary, CC
- Sr. PS to CEO
- Academic section
- IT Cell
- Office file

